

Menu

**Regional FCL
Summer 2025**

AVANTI
WEST COAST
FIRST



Welcome to First Class

This space is your sanctuary from the bustle of the station. You're our guest, so please make yourself comfortable and take your pick of our complimentary snacks and drinks.

To give you a real taste of the West Coast, our food is sourced close to the tracks wherever possible. From premium, whole leaf tea blended in Manchester to delicious crisps hand-cooked in Staffordshire, we're delighted to bring you a real taste of the West Coast.

Tuck in!

Adults need around 2000 kcal a day.

Kcal information provided is per serving/portion.

 **Vegetarian**  **Vegan**  **Gluten Free**

View calories, allergens and ingredients online [here](#).

If you need assistance viewing our allergens and ingredients menu, then please speak with a member of the onboard team who'll be happy to help.

Breakfast

Porridge Bowl   (252 kcal)

Add a drizzle of honey if you like. (322 kcal)

Pain au Chocolat  (284 kcal)

Delicious flaky pastry with a chunky dark chocolate centre.

Raspberry Muffin  (365 kcal)

Lemon Drizzle Flapjack   (247 kcal)

Snacks and treats

Sea Salt Crisps   (109 kcal)

Deliciously handmade cooked crisps – grown and cooked just yards from our tracks in Staffordshire.

BBQ Crunchy Corn Nibbles   (100 kcal)

Rosemary & Thyme Pitta Chips  (133 kcal)

Uncle Joe's Mintball

Chocolate Brownie   (265 kcal)

Shortbread Biscuit  (224 kcal)

Handmade, hand-wrapped, melt in the mouth shortbread. Made in North Wales, just a stone's throw from the railway line.

Popcorn  (97 kcal)

Dark Chocolate with

Himalayan Salt Bar  (75 kcal)

Hot drinks

Americano *(5 kcal)*

Cappuccino *(129 kcal)*

Flat White *(94 kcal)*

Latte *(129 kcal)*

Mocha *(125 kcal)*

Americano White *(28 kcal)*

Espresso *(5 kcal)*

Decaf Coffee *(0 kcal)*

Hot Chocolate *(224 kcal)*

English Breakfast Tea *(1 kcal)*

Speciality Teas *(1 kcal)*

Our staff can tell you what's available today.

Fresh Semi-Skimmed Milk 20ml *(10 kcal)*

Prefer oat milk? Just ask.

Soft drinks

Orange Juice *(102 kcal)*

Wenlock Spring Still or Sparkling Water *(0 kcal)*

Pepsi Max *(1 kcal)*

Fever Tree Light Lemonade *(27 kcal)*

Remedy Raspberry Lemonade Kombucha *(7 kcal)*

The Pickle House Spiced Tomato Mix *(30 kcal)*

Suppliers along our route

We've teamed up with a lovely bunch of local suppliers, handpicked to deliver some of your delicious and responsibly sourced products onboard. All those featured on the map are found along our route which helps to reduce our footprint, minimise food waste and work together on more sustainable packaging.



Suppliers of the season

Meet some of our hand picked suppliers who create the delicious and sustainable food and drink for this season's First Class menu, all sourced close to the tracks of the West Coast Main Line.

Forest Distillery

Forest Distillery is a small family business that creates world class spirits using locally sourced, organic ingredients and pure water from an ancient spring. They distil a delightful bespoke gin, called Forest to First, exclusively for our customers to enjoy.

Flavoured with botanicals foraged from Macclesfield Forest and brewed at altitude in the Peak District, Forest to First captures the wild beauty of the West Coast in a glass. Cheers!

Just Crisps

Wade Lane Farm, the home of Just Crisps, nestles in the Trent Valley close to the West Coast Main Line. Almost everything that goes into these tasty snacks is grown on the farm, from the Taurus and Lady Rossetta potatoes to the extra-virgin rapeseed oil used for frying. One of only a handful of crisp producers to be recognised by the Great Taste Awards, Just Crisps are hand cooked, seasoned and bagged in 10 minutes, fresh for you to enjoy onboard.

Brew Tea Co.

Phil and Aideen share our love of proper tea, which they blend at their Tea HQ in Manchester. Made from the whole leaf, picked at the right time by real people on farms they know, every cuppa is bursting with flavour.

Brew Tea pick the best, biggest leaves to lock in essential oils for a richer, deeper, full-bodied taste. Proudly B Corp certified, Brew Tea only work with ethical suppliers and only use plastic-free packaging. Sound like your cup of tea? You're always welcome to drop by Tea HQ to see what's brewing.

To find out more about our hand selected suppliers visit:
avantiwestcoast.co.uk/travel-information/onboard/supplier-stories